South Sudan



COMMUNITY GIRLS' SCHOOL SCIENCE

GRADE 1

©2018, THE REPUBLIC OF SOUTH SUDAN, MINISTRY OF GENERAL EDUCATION AND INSTRUCTION.

All rights reserved. No part of this book may be reproduced by any means graphic, electronic, mechanical, photocopying, taping, storage and retrieval system without prior written permission of the Copyright Holder. Pictures, illustrations and links to third party websites are provided by the publisher in good faith, for information and education

purposes only.



This book is the property of the Ministry of General Education and Instruction

Funded by:



THIS BOOK IS NOT FOR SELL

FOREWORD

I am delighted to write the foreword for this book. The Ministry of General Education and Instruction (MoGE&I) has developed the Community Girls School (CGS) textbooks based on the National Curriculum of South Sudan.

The textbook was written to help learners develop the background knowledge and understanding in the subject. It is intended largely to serve as a source of knowledge and understanding of the subject concerned, but not to be considered as a summary of what learners ought to study.

The National Curriculum is a competency based and learner-centered that aims to meet the educational needs and aspirations of the people of South Sudan. Its aims are manifold: (a) Good citizenship (b) successful lifelong learners, (c) creative, active and productive individuals; and (d) Environmentally responsible members of our society.

This textbook was designed by subject panelists to promote the learners'attainment of the following competencies; critical and creative thinking, communication, cooperation, culture and identity.

No one can write a book of this kind without support from colleagues, friends and family. Therefore, I am pleased to register my thanks to Dr Kuyok Abol Kuyok, the Undersecretary of the Ministry, who emphasized the importance of Alternative Education System (AES) and approved the development of its textbooks.

I also want to record my thanks to Ustaz Omot Okony Olok, the Director General for Curriculum Development Centre (CDC) and Ustaz Shadrack Chol Stephen, the Director General for Alternative Education Systems (AES) who worked tirelessly with thesubject panelists to develop the textbooks.

Lastly, but not least, my greatest thanks and appreciation must go to the Global Partnership for Education (GPE) and UNICEF-South Sudan for without their support and partnership this textbook would not have seen light.

Hon. Awut Deng Acuil, MP Minister, Ministry of General Education and Instruction Republic of South Sudan, Juba

Table of contents

UNIT 1: Things found in physical environment	1
1.2: Domestic animals found at home/village enviro	
1.3: Wild animals found in the village environment	5
1.4: Plants/trees found in the local environment	
1.5: Importance of planting trees and Flowers in our	
ment	
1.6 Water	
UNIT 2: Health Education	
2.1 Care of the body	
Cleaning your ears	
Cleaning your hands	
Cleaning your legs	
Cleaning the whole body	
Sub Unit: Uses bones, joints and muscles in human k	
Sub Unit: How Germs Spread	
1.3 Designing posters	41
UNIT 3: Plants and animals	43
Plants	43
parts of a plant	46
plant that we eat	
Plants or parts of plants children like and dislike	
3.2 Animals	
Characteristic of animal and their habitats	
UNIT 4: Our five senses	40
Sources of light	
4.2 Sense of seeing	/U



4.2 Sources of sound	73
Sense of hearing	
4.6 Sense of taste	
Sense of smell	
4.7 The sense of touch	86

UNIT 5: The weather	
Weather changes	
Recording of weather changes	
Effects of moving air	
Uses of moving air	

UNIT 6: Soil	
Collecting soils from different places	
Mixing soils with water	
Modelling with soil	

UNIT 7: Water	
Sources of water	
Uses of water	
Using water well	
Measuring water	
Floating and sinking	



Things found in our physical environment

1.1: Thing found in School environment



Walk around your school, observe living things found in the school



In small groups, discuss what you saw while walking around the school.





In pairs, mention living things that you observed around your school.

1.2: Domestic animals found at home/village environment



In pairs, tell the names of domestic animals found in your home or village.













In small groups, role-play domestic animals found in home or village enviroment.



In pairs, discuss how do you take care of your domestic animals







In groups, write a poem on the importance of the domestics animals, and then, recite it to the class.





1.3: Wild animals found in the village environment



In small groups, tell the names of wild animals found in the village enviroment.



Individually, tell any story that you have heard about wild animals in your villages



1.4: Plants/trees found in the local environment



Individually, tell the names of plants found in your local environment



In pair, recite poem/song about plants found in your local

enviroment





1.5: Importance of planting trees and Flowers in our environment



In small groups, mention the important of planting trees and flow-

ers in our environment.



Activity 2:



In pairs, tell the importance of taking care of young tree and

flowers



Individually, name some trees found in your areas





In groups, name some fruit trees found in your areas.















1.6 Water



In small groups, mention the different sources of water







In pairs, discuss the importance of water.









Care of the body

In pairs, talk about the pictures shown below and then answers the questions.



How do you use soap and water to keep your body clean?

2) Why do you need to keep your body clean?

Learning point

• We keep our body clean by using soap and water.



2.1 Care of the body



In pairs:

1. Talk to your friend about what you can see in the pictures above? How do the pictures relate to good health?



2. Recite the following poem:



When I wake up in the morning, I brush my teeth, I wash my face, I wash my hair, I wash my feet, I bathe with warm water, I dress up for school, I go to school, I remain fresh all day.

3. What can you learn from the poem?

Learning point

Keeping our body clean is known as personal hygiene.

We clean different parts of the body differently.





2. Talk to the group members about:

- How you will use the materials to clean your teeth.
- Suggest Other ways of cleaning your teeth.

Learning point

Brushing your teeth keeps your mouth fresh and protects the gums from diseases.



Remember!

Toothbrushes are personal items. They should not be shared.





(b) Cleaning your face

When do you wash your face?



Tell your friends:

- 1. What you do when you wake up.
- 2. How do you clean your face.
- 3. Why is it important to wash your face.



We should wash our face when we wake up, after playing and before going to bed.

	Remember!
	When washing your face, do not forget to
	wash the neck and behind the ears.
	By Check your progress 2.2(b)
	ج Which body parts are found on the face?
•	which body parts are found on the face:
•	a)
•	b)
•	c)
•	d)
2.	What makes your face dirty?
•	a)
•	b)
•••••	• • • • • • • • • • • • • • • • • • • •

(c) Cleaning your hair







Cleaning and combing our hair keeps us healthy.



(D) Cleaning your nose









You should clean your nose using a clean piece of cloth or a clean handkerchief.



A handkerchief is a personal item.

Do not share it.





(E) Cleaning your ears



Our ears get dirty. They should be cleaned.







- 2. What is the difference between picture A and B.
 - Whose hands will be clean?
- 3. How do the activities below help to prevent the spread of diseases?



Washing hands prevents the spread of diseases such as cholera, diarrhoea and flu. These diseases are dangerous to us.

Remember!

We should not wipe our hands with the clothes that we are wearing.









Soap helps in removing dirt from our bodies and our clothes.









Soap helps in removing dirt from our bodies and our clothes.





(G) Cleaning your legs



- 1. Compare pictures A and B.
- 2. What can the boy in picture A do to have clean legs?
- 3. Talk to your group on how you clean your legs.

Learning point

We should wash our legs to prevent germs from infecting them. Germs make them produce bad smell.





(H) Cleaning the whole body



- 2. What would you do if you were the girl in picture B?
- 3. Talk to your friends about the following questions:
 - How do you keep your body clean after sweating?
 - What is the importance of cleaning your body?

Bathing everyday protects the body from getting skin diseases .



Remember

We should bathe everyday using

soap and clean water.







Talk to your group members about the materials you can use to clean your body when you do not have soap.

Learning point

Baking soda can be used instead of soap. It clears bad odour from the body too.

	Check your progress 2.8(h)	•••
1.	Which activities make the body to produce sweat?	•
	a)	•
	b)	•
2.	Name and draw two items needed in cleaning the body	•
	a)	•
	b)	•
3.	Say if it is true or false.	•
	a. When we clean our ears we hear better.	•
	b. We wear shoes on our feet to keep them warm.	•
	c. We should brush our teeth only once.	
	d. Dirty feet are attacked by jiggers.	
••••		•


Sub Unit: Uses of bones, joints and muscles in human body

Activity 1.2

In pairs

 Use a string to measure the length of the arms and legs of your partner when stretched and when bent.



• What makes your arm and legs to stretch or bend?

• How are you able to run, jump, skip or walk?



a) A bent arm









 Bones and joints work together with muscles to help in movement.



FUN CORNER

- 1) Get cartons with human pictures.
- 2) Cut out the parts of the human body using scissors.
- 3) Join the body parts using a string.
 - Are the body parts moving?





Importance of healthy exercises







2) Why are the activities important?

Learning point

• Exercise is good for our health.

Sub Unit: How Germs Spread



2. How can they get diseases through their action?



Germs are small organisms that cause diseases.

Germs can also be spread from infected person to healthy person through contact. The diseases caused by germs include influenza, cholera, cough and typhoid.





Germs are spread through sneezing, coughing, blowing our nose without using a handkerchief or rubbing eyes with dirty hands.

Germs can be spread from dirty hands to food too.



Check your progress 2.9	(i)
-------------------------	------------

1.	Which foods need to be washed before cutting or cooking?
	a
	b
	c
	d
2.	The best method of preventing spread of germs is by



1.3 Designing posters



Visit the nearest health centre and observe the posters on the walls.

- What do they contain?
- How is information written in the posters?

Learning point

An example of a poster in a health centre is shown below.

💗 When to Wash Hands



Wash hands at key points during the day



4 Before and after preparing and eating



1 Before children arrive for the day.



2 After cleaning.



3 Upon arrival and after outdoor play.



7 After touching animals or their equipment.





- 5 After diapering or toileting.
- 6 After contact with body fluids.

On a manila paper, write and colour the information below

CLEAN HANDS ARE HAPPY HANDS.

Fun corner

REMEMBER TO WASH YOUR HANDS.







3.1 Plants





- Which of the plants in the pictures do you know?
- Play a game of naming the plants and where they are found.
- Create a garden within the school compound with different types of plants found in different areas.

- There are many types of plants.
- a) The plants shown in the picture below grow in dry areas.



b) These plants grow in cool places with a lot of water.





c) Some plants grow in our gardens and we use them as a source of food. They include:



d) Some plants give us food. They include:



e) Some plants produce flowers that make our homes look good and beautiful, they are called ornamental plants. They include:





Parts of a Plant



Remember

Not all plants have the same structure.

Check your progress 3(a)

1.	Match	the	follo	wing
----	-------	-----	-------	------

	Part of the plant	Description
1	Leaves	They are very beautiful.
2	Stem	Are picked when they are ready.
3	Fruits	They are green.
4	Roots	The middle part of the tree.
5	Flowers	They are found in the soil.



Plants that we eat









Plants we cook before eating and those eaten raw





 Write down the plants cooked before eating and those eaten raw.

Eaten when raw
a
b
C
d



- Plants that we cook before eating are beans, maize, pumpkins, potatoes and arrow roots.
- Plants we eat without cooking(raw) include; bananas, pawpaws, coconuts, carrots, pineapples, mangoes, oranges and watermelons. Most fruits are always eaten raw.



Remember Some plants are not eaten. They are harmful to our health.





Draw and colour three types of plants we eat without cooking.

Check your progress 3b

Complete the table below. Choose your answer from the words given below.

Plants which we eat	Plants we do not eat
a	a
b	b
c	C
d	d
e	e
f	f
g	g

Papyrus reeds, peas, bananas, cactus, flower, maize, nappier grass, sisal, beans, hibiscus, arrow roots, acacia, carrots



2.3 Reasons why animals feed on some plants and not others



Learning point

- Animals do not eat some plants because they are poisonous, smelly and taste bad.
- Animals have different feeding habits.









Plants or parts of plants children like and dislike

Activity 6

In pairs



- 1) Talk about the pictures above with a friend.
- 2) Which plants do you like or dislike? Why?



3.2 Animals

How animals around our community differ from other communities





- 1) Name the animals shown in the previous page.
 - Which animals are found at your home?
 - Which animals are found in the forest?

- Animals found at home are called domestic animals.
- Animals found in the forest are called wild animals.

Importance of plants and animals



Activity 2

In pairs, name the importance of plants and animals shown in the following pictures.













a) Where do the animals in the pictures above live?

b) Why do they live there?



Animals live on land or in water.

Land animals

Animals that live on land include :

- Animals that live underground.
- Wild animals.
- Domestic animals.

(a) Animals that live underground Activity 4 In pairs 1. Answer the following questions: (a) What are these animals? Where do they live?





- (b) Where are the animals found?
- (c) Name the animals that you have seen.
- (d) Suggest the kind of food that the animals eat.





Animals that live in the forest are known as wild animals. These animals include gazelles, zebras, lions, antelopes among others. Birds make part of wild animals too.



Characteristic of animal and their habitats





2.	Talk to your friend about the animals you have seen.				
	(a) How do they protect themselves from other animals?				
	(b) Which animals are dull coloured?				
	(c) Which ones are brightly coloured?				
3. Copy and fill the table below in your notebooks.					
	Animals with dull coloured fur	Animals with brightly coloured fur			
1					
2					
3					
4					
5					

Animals with brown or grey fur cannot be seen from far. They look like their surroundings. Their predators are not able to spot them. Predators are animals that eat other animals.

Animals with brightly coloured fur such as zebra can be spotted from far. They are easily seen by their predators.



Sub Unit: Domestic animals



- 1. Name the animals shown in the pictures above.
- 2. Where are the animals found?
- 3. How do the animals help us?



Domestic animals are animals kept at home. We also have birds kept at home.



Sub Unit: Animals that live in water

Animals that live in water



- 1. Name the animals shown in the pictures above.
- 2. Where are they found?
- 3. What kind of food do you think they eat?





4.1 Sources of light








4.2 Sense of seeing



 Tick fill the one that is different in each row in the pictures below.







2) Why do you think they are different from the rest?



• We cannot see without our eyes. Eyes helps us to see.

Did you know?

Hawks have strong eyes which help them see things from far up in the sky. That is why they see small chicks from far and come to catch them.



Draw and colour the sun, moon and stars.



Ŀр



3) Write the correct colour for the following foods.



4.3 Sources of sound

Activity 3

In groups

- 1) Name the following sources of sound.
- 2) Which ones are found at school?
- 3) Which ones are found at home?







Things that produce sound are called sources of sound.

Look at the pictures below. What are the children doing?



- When children play, they produce sound.
- When children sing, they produce sound.
- When playing a guitar, sound is proudced.



FUN CORNER

- 1) Draw and colour the sources of sound in school.
- 2) Recite this poem

Sound oh! Sounds at school When children play, sound When children sing, sound When the bell rings, sound





Sound at home



Activity 4

In groups

 What kind of sounds do the items below produce? Do they produce the same sound as these sounds found at school?



- When at home, listen to the sounds around the compound.
- 3) Can you name some sources of sound you have heard?

4) Which animals produce sound at home?

Learning point

• There are different sources of sounds around the school and at home.



FUN CORNER

Draw and colour a dog barking.



Remember!

Sharp or loud sounds can cause damage to the ears!

Check your progress 4b

1) What type of sound is produced by each of the animals shown in the pictures below?



4.5 Sense of hearing







- Things that produce sound are called sources of sound.
- The ear is the organ for hearing.





Did you know?

Horses have strong ability to hear sound from far. Elephants have large ears that can get faintest sound.

ф

4.6 Sense of taste

Activity 6

In groups

- 1) Play a game of tasting things.
- Blindfold one member of the group and let him or her pick an item from a box and taste.



- 3) Let your friend tell you if you are right.
- Draw a line to match each picture with the correct part of the circle.





Sweet Bitter	Salty Sour
Sweet Bitter	Salty Sour

- The tongue is the organ for tasting.
- Some things taste sweet, bitter, salty or sour.
- Some things taste salty. Salt tastes salty.



Remember

Do not taste everything that you come across. Some things may be harmful to your health.



4.7 Sense of smell



Activity 7

In pairs

1) Smell these things.









	trong sense of smell. It gs that are very far.
	4d The sense organ in the
table below. Sense organ	Sense
	Sight
	Tasting
	Smelling



• • • • • • • • • • • • • • • • • • •	Hearing
·	.7 The sense of touch
	Activity 8
	In pairs
1)	Play a game of feeling things provided by the teacher.
	Image: Subscription of the su
2)	Let your friend blindfold you and use your hands to touch things.
	Touch and feel whatever is brought to you, one by
3)	one and say how it feels.

• We use the skin to feel things around us.









UNIT

5

The weather

5.1 Weather changes

Activity 1

In pairs



1) What type of weather is shown by each picture?



- Weather can change within a short time.
- Weather can be windy, cloudy, rainy, sunny or calm.





We use weather symbols to record weather conditions of a particular day.







The weather pictures above are called weather symbols.





- 1. Draw and colour weather symbols.
- 2. Stick them on a Manila paper
- 3. Hung the Manila paper on the notice board at the science corner.



Weather symbols are used to show the weather condition of each day.



The instruments used for recording weather are kept in weather stations.



Check your progress 5(a)

1.

This is Nyibol's weather chart. Look at it carefully.

Day	Morning	Afternoon	
Monday			
Tuesday			
W e d n e s - day			
Thursday			
Friday			
Saturday			
	• • • • • • • • • • • • • • • • • • • •	•••••	



Draw the symbol of the weather today.







- Talk about what your see in the pictures with a friend.
- 2) What do you think has been put in the balloon, car tube and ball to make them big in size?

• Air fills the ball, car tube and balloon to make them appear big in size



Remember!

The air we breathe is around us.



5.4 Effects of moving air



5.5 Uses of moving air



• Wind helps us to dry clothes, generate electricity and winnow grains.



F	Check your progress 5a
	We cannot air.
	I make trees and flags move. Who am I?
	Moving makes a kite to fly.



6.1 Collecting soils from different places

Activity 1: Feeling soil

Soil

In groups

UNIT

6

 Collect some soil and place it on a sheet of paper.

Soil on a sheet of paper

- What is the colour of the soil?
- What things can you see in the soil?
- 2) Soil may have these things:

soil particles, dead plants and animals like dead insects, earthworms and millipedes.

 Now touch and feel the soil between your fingers.





Feeling soil between fingers

- Are there big and small particles?
- Are the particles smooth or rough?

Learning point

• Some soils are smooth like powder. Other soils are rough like sand.

Activity 2: Feeling different types of soil

In groups

- With the help of your teacher collect soil from the garden, roadside, river and river bank.
- 2) Look at each type of soil.
- 3) Touch and feel each soil collected.



Feeling soils from different places

- Which soil has the largest particles?
- Which soil has small particles?
- Which one feels soft when touched?
- Which one sticks to the fingers when wet?
- Your teacher will help you to group the soils collected into clay, sand and loam.



Soils with large particles like sand feel rough.

Soils with small particles like clay feel smooth.

Activity 3: Drawing on soil

In groups

- 1) Collect some dry soil.
- 2) Pour it on a level ground or floor.
- 3) Make the soil levelled with a stick or ruler.
- Use your finger to write numbers, letters patterns or shapes on the soil.



Drawing on soil

- Now draw a picture of a bird and house on the soil.
- 6) Step on the soil to make a foot print.
- Now make a palm print like the one shown on the soil using your hand.












3) How does the three types of soil feel after mixing with water?

• Which soil mixes easily with water?

Learning point

Clay soil

Clay soil is smooth and sticky when wet.

• Sand

Sand is less sticky when wet and less smooth.

• Gravel

When wet, it is not sticky and has a rough feel.

- Color	Check your progress 6b	
1)	I am a type of soil used to build roads. Who am I?	
2)	I am a type of soil found mostly in rivers beds. Who am I?	
3)	I am a type of soil used to model dolls and pots. Who am I?	
<u>n</u>	• • • • • • • • • • • • • • • • • • • •	



- 3) Leave the models to dry for three days.
- 4) How does the letters, numbers and objects look like?

• Different things are modelled using clay soil. For example:



- Clay soil is the best soil for modelling.
- Ribbons from other soils such as sand and gravel crack after some time when they dry.

FUN CORNER

Model a doll, cup, house and a car using clay soil.









- 1) Talk about what is in the pictures above.
- 2) Where do you get water for use at home and school from?
- 3) Which source of water is found near your home?



- We get water from rivers, rain, wells, dams, oceans, lakes, seas and boreholes.
- These are called sources of water.





Draw, colour and name two sources of water.



Land Land	Check your	progress 7a					
1)	1) Name this sources of water.						
]	This is	This is a	This is a				
2)	 Rearrange the following letters to form the correct source of water. 						
a)	a) ohrleboe						
b)	b) inar						
c)	c) rrvei						
d)	d) ealk						





• We use water every day both at home and at school.

FUN CORNER

Recite the following poem Oh! water, precious water! When thirsty, water Oh! water, precious water! Washing clothes, water Oh! water, precious water! For bathing water Oh! water, precious water! Crops growing, water Oh! water, precious water! When cooking, water



Remember!

We should always drink clean boiled water.





• We should use water sparingly.

• We should not waste water.



Practise watering plants or flowers at home and in school.







Cooking food
A girl drinking water
Children swimming



7.4 Measuring water

In groups

What you need

- Water
- Measuring cylinder
- Small containers of different shapes and sizes
- Four containers of the same size and shape (cups)
- Plastic bottles of various sizes

What to do

- 1) Fill all the containers with water.
- 2) Which containers hold more or less water?



 Pour the water in the small containers to fill the big containers



- Measure the amount of water that fills containers using the measuring cylinder.
 - Do all the containers hold the same amount of water?
 - Which one holds more or less?



• Big containers hold more water than small containers



Practise filling a big container with water using a small container. How many small containers of water do you use to fill a big container?





Remember!

We use small and big containers at home to store water.

7.5 Floating and sinking



In pairs

What you need

Stones, bottle tops, pencil, rubber, ruler, basin of water, piece of paper, nails, wooden blocks, coins and keys in classroom.

What to do

- 1) Put each of these objects in a basin of water.
- 2) Match what happens to the objects in the diagram below.





- When an object remains on top of water, we say it is floating.
- When an object goes down into the water, we say it is sinking.





Remember!

When you swim you float on water.





• Floating and sinking is not affected by size of the object.



Make a paper boat and sail it on water.





Activity 7.8

In groups

What you need

A basin of water, a bottle top and a hammer.

What to do

- 1) Place a bottle top facing upwards on a basin of water.
 - What happens? Does it sink or float?
- 2) Using a hammer or stone,
- 3) hit bottle top into a ball.
- 4) Place it back in water.
 - Does the bottle top sink or float?

Learning point

• Change in shape of an object can make it sink or float.





Activity 7.9

In groups

What you need

Water in a basin, two plastic lids of equal sizes and some stones.

What to do

- 1) Place the two lids on water.
- 2) Place two or three stones on the lid and label it A.
- 3) Place six to nine stones in another lid and label it B.
 - What happens?

Learning point

• Weight affects floating and sinking of objects.



Role play floating and sinking of objects in water.





Check your progress 7c

Fill the table below with the following objects.

Papers, stone, keys, coins, wooden block, rulers

Objects which float	Objects which sink
1	1
2	2
3	3
•	
•	· · · · · · · · · · · · · · · · · · ·

